



SAMPLE FUNDRAISING LETTER

Dear Friend,

I am writing to ask for your support.

It's not widely known that:

- Kenya has one of the largest refugee populations in the world with over 400,000 people who have fled Sudan, Somalia, Ethiopia, Congo and Burundi. Today, over 100,000 refugees have migrated to Nairobi in search of survival.
- Unaccompanied refugee girls and single young women living in Nairobi are exceptionally vulnerable. Not only have they survived horrific atrocities, they are also living in a foreign city without the protection of their families.
- These girls and young women are at higher risk of depression, illiteracy, forced marriage, early pregnancy, and exploitation. This is their daily reality.

Though these issues seem endless, there are very real, simple things we can do to save lives now and in the future.

I will be taking part in the Chicago Half Marathon on September 12th to support Heshima Kenya and raise awareness about their work in Nairobi. Heshima is the Swahili work for respect and is the first organization in Kenya devoted to protecting and empowering these girls and women by providing specialized education, job skills training, shelter, and case management support, including foster care assistance, clothing, counseling, and funds for medical care.

I believe these girls and young women have the right to rebuild their lives with dignity and hope, and through Heshima Kenya's programs, they are accessing the resources and support they deserve. **And I am running on September 12th for them!**

We would love to have your support! Your tax-deductible donation will go towards supporting Heshima Kenya's shelter and education programs. Because they are small and specialized, you can see the impact of your donation.

You can donate by writing a check to Heshima Kenya or check out my fundraising page at []

Thank you for inspiring me to finish this race, and for giving these girls and young women the power to live with peace.

Take care,

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P.S. To learn more about Heshima Kenya, visit www.heshimakenya.org